



Partnership in Healthcare

Diabetes Hypertension and Non Communicable Diseases

بہتر صحت کے لئے شراکت
ذیابیطس بلڈ پریشر و دیگر غیر متعدی امراض

- 02 Magnitude
- 04 Partnership
- 05 Research
- 06 Diabetes in children

CONTENTS

- 07 Reaching to the doorsteps
- 08 Diabetes association
- 09 Aims Usa & Uk
- 10 People
- 11 Sources of Finance
- 14 Audit
- 15 Testimonials
- 17 Help with sponsorship

03

MAGNITUDE

In Pakistan

Diabetes

16.98%

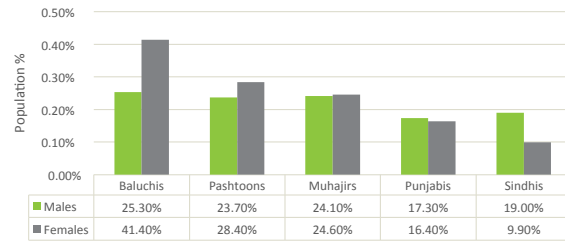
Prevalence of T2 Diabetes

10.91%

Prevalence of Prediabetes

The scale and numbers keep growing and so does the complication. Diabetes Prevalence Survey of Pakistan (DPS-PAK) Prevalence of Type 2 Diabetes and Prediabetes using HbA1c: A population based survey of Pakistan: Aamir AH et al. BMJ Open 2019-9

Hypertension prevalence in Pakistan



Hypertension

The National Health Survey of Pakistan estimated that hypertension affects 18% of adults and 33% of adults above 45 years old.

18 % Under age 45
33% above 45 years old

The survey shows only 50% of the people with hypertension were diagnosed and that only half of those diagnosed were ever treated. KPK Public sector response in providing “Free insulin” in the province and oral medicine in some districts are welcome initiatives



Partnership in Healthcare

Diabetes Hypertension and
Non Communicable Diseases

04

PARTNERSHIP

A Collaborative Partnership between Khyber Medical University and AIMS Pakistan. Prioritising Diabetes Hypertension and Non-Communicable Diseases

KMU - Institute of Public Health and AIMS Pakistan will mutually help in Providing clinical Services Implement concept of Family Medicine Together establish a Community based Training & Research Centre in Diabetes Hypertension and Non-Communicable Diseases



05

Health guidelines across the globe are based on research. More often than not, high quality research can only be found in 'the West'. This results in Pakistan's health guidelines being dependent on research that is not local

RESEARCH



We presented our "Diabetes circle of care" concept in the IDF Congress, Hyderabad. The complications of 16,000 patients with diabetes were analysed.

In partnership with Baqai University, Karachi, we are studying the effectiveness of Ramadan specific Diabetes Education in the management of fasting patients with diabetes. We are one of ten centres participating in this study.



A comparative descriptive study of 1200 patients was conducted to determine prevalence of depressive and anxiety symptoms in adults with/without type 2 diabetes. Results were presented in Oman.

We are conducting a clinical audit to improve the re-call rate of patients who present with abnormal HbA1c results. This audit will allow us to improve the recall rate of patients who present with other abnormal results too.

Advocacy support and collaborative research with Prime Institute of Public Health , Peshawar

06 DIABETES IN CHILDREN

JDU - Juvenile Diabetes Unit established in Sugar Hospital - 2019

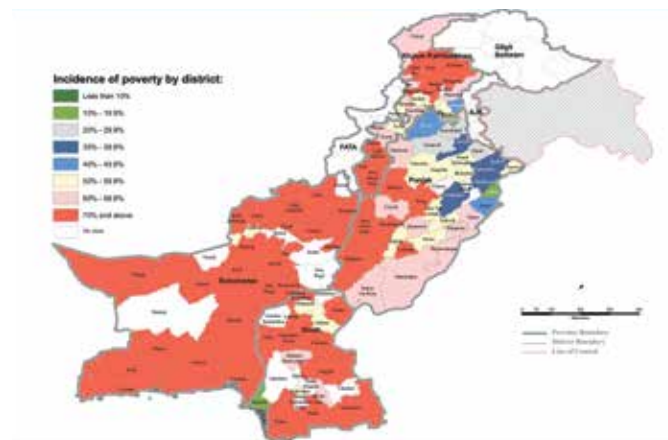
A child could get type 1 diabetes as an infant, a toddler or a teen. Type 1 diabetes in children is a condition in which the child's body no longer produces insulin to survive, so it has to be replaced with injections of insulin. Type 1 diabetes in children is also known as juvenile diabetes or insulin-dependent diabetes.

Unit Lead - Mrs. Saba Tanveer mother of four, living with Type -1 diabetes for 25 years. Helped by husband and children and family , passionately active for awareness in schools, children , teachers and families.

JDU establishing collaboration with KJDCF - Kamal Juvenile diabetes care federation providing free treatment , insulin glucometer and strips at Khyber Teaching Hospital once a week every year. Active initiative gives 90s by US based Dr. Touhed US based endocrinologist , supported by professor Nadeem Khwawr, Dr. Sabahat and Dr. Bushra. JDU will refer Type 1 children to KJDCF clinic and support with coordination

07 REACHING TO THE DOORSTEPS ...

64 Union Council out of 92, 2017-19



Continuous Medical Education

Bacah Khan Medical College Mardan
Bannu Medical College - Bannu
Workshop initiating Insulin in General Practice
Seminar on newer treatments in Diabetes GL + -1 Agonists

Faculty

Dr. Zia Ul Hasan
Dr. Khalid Usman
Dr. Arshad Hussain
Dr. Nizam Darwaish
Dr. Arshad Jalil

08 DIABETES ASSOCIATION

Khyber Pakhtunkhwa Districts

Coordinators Ayaz Mujahid and Amir Mahfo

New Districts

Swabi
Lower Dir
Nowshera
Malakand

Existing Districts

Charsadda Bannu
Dera Ismail Khan Buner
Mardan Peshawar
Abbotabad



Monthly or Quarterly Outreach sponsored village camps
Rs 25 - 40 K per month

District Karak

Panjpir Swabi Fawad Khan
Charsadda Hameed Ullah
Charsadda Arshad Durrani

09 AIMS USA & UK

- Abaseen Institute of Medical Sciences USA is a 501(c) (3) non-profit organization (charity) registered with the Internal Revenue Service, United States of America
- Residents of USA can make their tax-deductible donations in the U.S.
- All funds are collected in a U.S. bank account which are transferred fully to
- AIMS Pakistan project of Diabetes Hospital & Research Centre, Peshawar, Pakistan

AIMS International UK Charity NO 1100864

Carries out activities for communities in UK and support AIMS Pakistan

Dr. Amjad Ali - FRCS

amjadbacha@hotmail.com

Dr. Hikmatyar Hasan - PhD

hh2110@hotmail.com

Mr. Raza Hasan

amjadbacha@hotmail.com

Mr. Rashid Hanif

rhanif04@gmail.com

10 PEOPLE

AIMS Team

Dr. Zia Ul Hasan	President	Dr. Arshad Hussain	Member
Mr. Ayaz Mujahid	General Secretary	Dr. Khalid Usman	Member
Dr. Saeed Anwar	Board Member	Mr. Alamgir Afridi	Member
Mr. Salim Khan	Board Member	Mr. Kashif Jilani	Member
Mr. Minhajuddin	Finance Secretary	Capt. Amjad Hussain	Member
Dr. Shagufta Zia	Board Member		

Members

Mr. Asad Ullah	Member
Ms. Saba Tanveer	Member
Mr. Hikmatyar Hasan	Member
Dr. Riffat Aziz	Member
Mr. Muhammad Latif	Member
Mr. Fawad Khan	Member
Mr. Riaz Azmat	Member
Mr. Irfanullah	Member
Mr. Ahmedyar Hasan	Member
Dr. Abdul Jalil	Member
Dr. Jamshed	Member

Operational Team

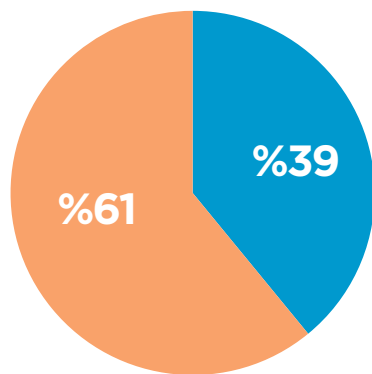
Mr. Atta Ullah Shah	Manager Operations
Mr. Atta UrRehman	IT Officer
Mr.	
Mr.	
Mr.	
Mr.	
Mr.	
Mr.	
Mr.	
Mr.	

11 SOURCES OF FINANCE

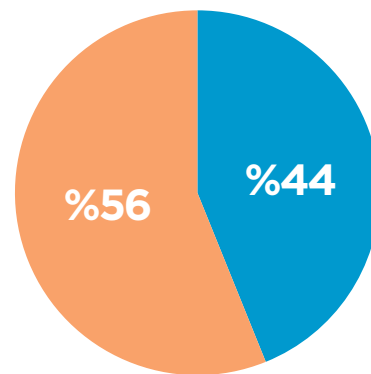
Financial performance Snapshot For the year 2018 & 2019 (Audited)

	2019 RUPEES	2018 RUPEES
INCOME		
Income from		
- Zakat & Donation	11,887,400	12,932,000
Patient Contribution	18,544,246	16,536,891
Total	30,431,646	29,468,891
Dependability on Donations	39%	44%

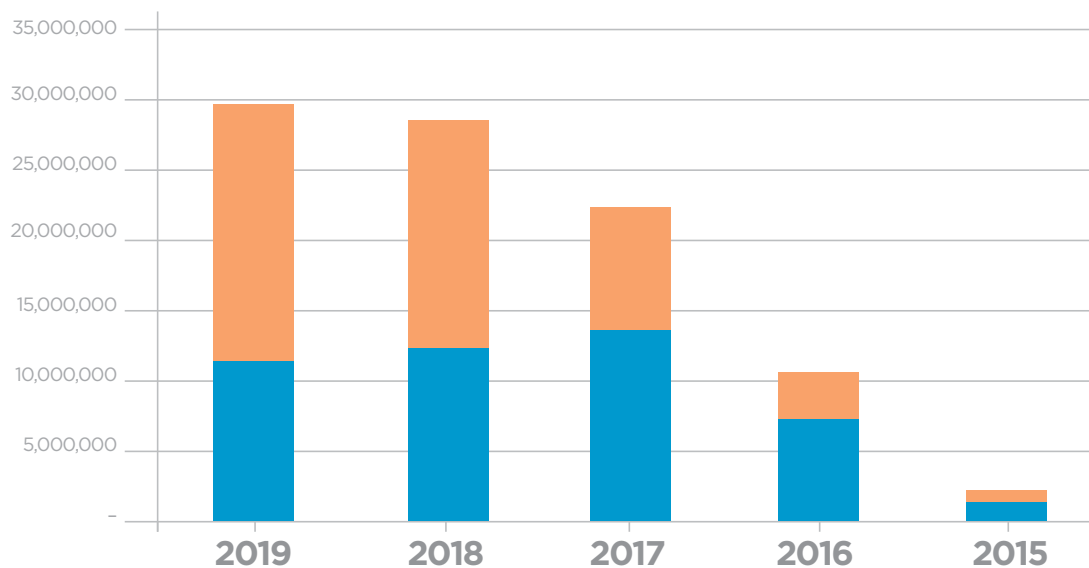
1 PATIENT CONTRIBUTION
2 ZAKAT DONATION



2019



2018



PATIENT CONTRIBUTION
ZAKAT DONATION

Financial performance Snapshot For the year 2018, 2019 (Audited)

	2019 RUPEES	2018 RUPEES
INCOME		
Income from		
- Hospital income	18,544,246	16,536,891
- Donation and zakat	9,387,400	12,932,000
- Others	754,104	424,220
	28,685,750	29,893,111
Less: Zakat patients	(322,146)	(5,577,448)
	28,363,604	24,315,663
EXPENDITURE		
Direct cost	19,459,342	20,820,669
Administrative expenses	8,690,422	5,817,044
	28,149,764	26,637,713
Surplus/(deficit) for the year	213,840	(2,322,050)
Provision for taxation	-	(212,014)
Net surplus/(deficit) for the year	213,840	(2,534,064)

12 AUDITS

TRANSPARENCY OF FINANCIALS

All the financial statements of last three years (2017,2018 & 2019) have been audited by the leading Chartered Accountants firms having Satisfactory QCR Rating as accredited by the Institute of Chartered Accountants of Pakistan. All the audited firms presented unqualified Audit Opinions. RSM Avais Hyder Liaquat Nauman & Co Chartered Accountants conducted the audit for the financial year ended June 30, 2019; the extract from their audit report is given as under;

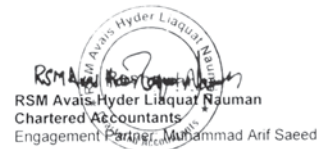
Audit Opinion

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the AIMS Pakistan as at June 30, 2019, and its financial performance and its cash flows for the year then ended in accordance with approved accounting and reporting standards as applicable in Pakistan.



Place: Peshawar

Date : Oct 31, 2019



RSM Avais Hyder Liaquat Nauman
Chartered Accountants
Engagement Partner, Muhammad Arif Saeed

ISO: 9001:2015 Certified
vide certification #:
AGS-P-170042-Q

PCP: Pakistan Centre for
Philanthropy certified NPO
Seal of Good Practices

Khyber Pakhtunkhwa
Health Care Commission
Reg#: 06934

Hospital Title: Diabetes General
Hospital & Research Centre:

Certificate #: PCP-2019/687

13

TESTIMONIALS

شوگر ہسپتال کی سروسز
مریضوں کے لئے موثر اور
قابل تعریف ہیں۔ البتہ
یہاں کے بلڈنگ کا ماحول
در و دیوار فرش اور
سیلنگ میرے خیال میں

ناعمہ عزیز خان
ایورڈ یافتہ انٹیریور ڈیزاینر

بالکل بھی اچھی نہیں ہیں اور اس سے بہت بہتر ہو سکتی
ہیں، میرا دل کرتا ہے کہ میں بھی اس بلڈنگ اور ماحول
کی بہتری میں اپنا حصہ ڈالوں۔ تاکہ یہاں کے مریض اور
ان کی فیملی یہاں آنے میں اچھا محسوس کریں۔ بالخصوص
ایک گارڈن کھنے کا انتظام بہت اچھا اضافہ ہوگا، میرے
خیال میں اگر ہسپتال کے مستطعمین، مریض اور ان کی
فیملیز اس کو بنانے میں تھوڑی سی معاونت کریں تو ہم
سب ملکر اس کو ایک بہترین کیونٹی ماڈل ہسپتال بنا سکتے
ہیں۔



ڈاکٹر ارشد جاوید
وائس چانسلر خیبر میڈیکل
یونیورسٹی پشاور

مجھے ڈیپٹیٹس ایسوسی ایشن اور ایمر پاکستان کے زیر
انتظام شوگر ہسپتال میں آکر بہت خوشی ہوئی ہے۔
شوگر ہسپتال اور ڈیپٹیٹس ایسوسی ایشن غریب عوام
کے لئے انتہائی موثر سروسز مہیا کر رہے ہیں۔ خیبر
میڈیکل یونیورسٹی کی جانب سے ہم ان کے کام کو
قدر کی نگاہ سے دیکھتے ہیں۔



ڈاکٹر فاروق جمیل
اسپیشل سیکرٹری ہیلتھ،
خیبر پختونخوا پاکستان

ہم ایک غریب معاشرے
میں رہتے ہیں اگرچہ
حکومت اپنے وسائل میں
کسی حد تک ڈیپٹیٹس کا
مفت علاج کر رہی ہے لیکن
شوگر کے مریض اتنے

زیادہ ہیں کہ اگر پریلیمنٹ سیکڑ بھی اس میں آجائے جیسے
ڈیپٹیٹس ایسوسی ایشن اور ایمر پاکستان نے یہ شوگر ہسپتال
شروع کیا ہے تو معاشرے کی صحت میں بہتری آسکتی ہے

یہاں آ کے میں نے دیکھا کہ ان کے ہسپتال کا معیار کسی
بھی بہترین ہسپتال سے کم نہیں ہے۔ بالخصوص مریض
کے ساتھ عملے کا سادہ، پروقار اور مہذب برتاؤ بہت
متاثر کن ہے۔ اس کے علاوہ ان کی سروسز مریضوں کو
بہت کم پیسوں میں دستیاب ہیں۔

**نور علی -
عمر: ۳۰ سال**

یہ شوگر ہسپتال ایک سوشل ادارہ ہے، اور لوگوں کی مدد سے اور زکوٰۃ سے چلتا ہے۔ میں نے بھی اپنا علاج یہاں سے شروع کیا ہے۔ یہاں کے عملے اور ڈاکٹرز کوئی ذاتی لالچ نہیں ہے میری مخیر حضرات سے درخواست ہے کہ وہ اس ادارے کے ساتھ مالی امداد، زکوٰۃ کی و خیرات کی شکل میں کریں۔ شوگر ایک ایسی بیماری ہے جو کہ مسلسل جاری رہتی ہے، میں نہیں چاہتا کہ جس طرح میری ٹانگ کا مسئلہ بنا ہوا ہے وہ کسی اور کو بھی ہو۔



**نورجہاں
عمر: ۳۰ سال**

میرا نام نور جان ہے میرا تعلق پلوسی سے ہے۔ میرا تیسرا سال ہے شوگر ہسپتال سے علاج کرواتے ہوئے۔ میری حالت علاج کی وجہ سے بہتر ہے، یہاں کے ڈاکٹر بہت اچھے اور میں ان کی شکر گزار ہوں۔ ہم غریب لوگ ہیں زکوٰۃ سے یہ لوگ ہمارا علاج کرتے ہیں اور میں شوگر ہسپتال کی کامیابی کے لئے دعاگو ہوں۔



**صائمہ
عمر: ۳۰ سال**

میرا نام صائمہ ہے مجھے دو سال ہوئے ہیں شوگر کا مرض ہوا ہے، مجھے پیاس بہت لگتی تھی اور ہاتھ روم بار بار جانا ہوتا تھا، اب علاج کرنے سے حالت بہتر ہے۔

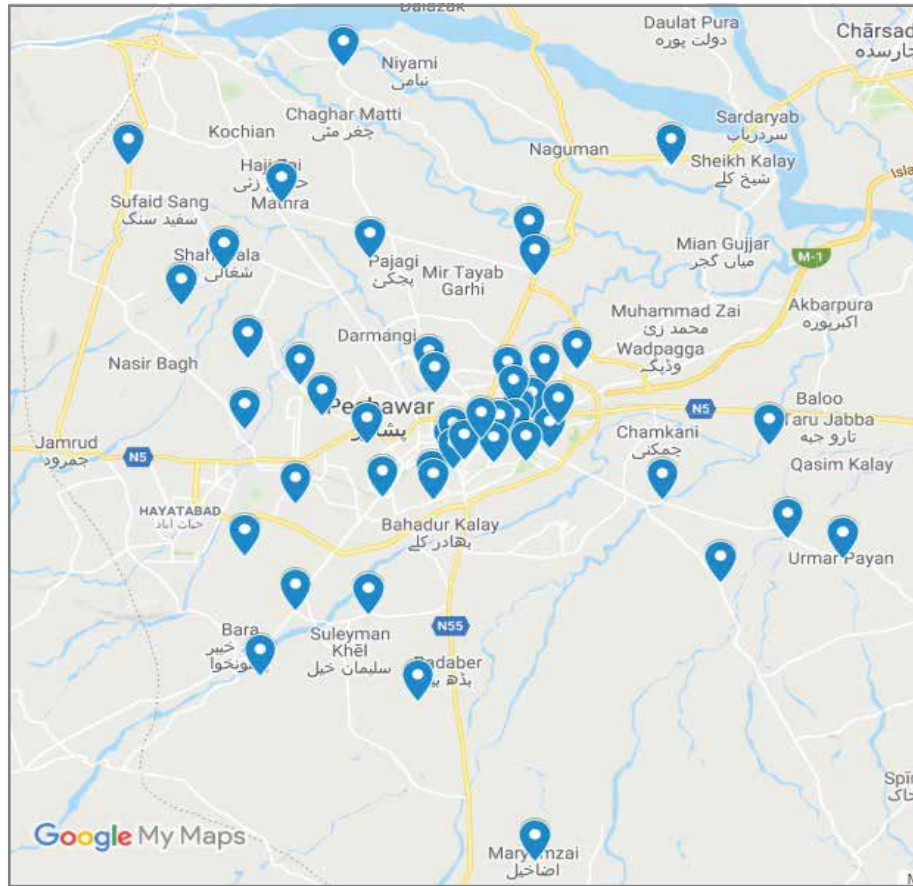


14 HELP WITH SPONSORSHIP & GIVE ZAKAT

SUPPORT

Infrastructure
Patient Treatment
Outreach camp in a village
A department of Sugar Hospital
A Staff Position
Equipment

Zakat is used for Patients treatment only
Zakat has its own dedicated accounting and reporting overseen
by a Zakat Committee



Community Project

In collaboration with AIMS
 & District Government
 3 Years Program
 Target 92 UCs
 64 Camps done in 52 UCs in 2 years.

Result

Total Patients seen - 4755
 Female = 2847
 Male = 1908

Two mega Camps in 2 towns

Total Patients Seen - 438
 Male = 195
 Female = 243

Sponsored by:

District government & AIMS

AIMS Donation & Support

Please fill the form and oblige - Jazakallah



Scan Me
Google Form

Name _____

Address _____

Mobile _____ Email _____

Occupation & Company/Base _____

Type of Commitment _____

Technical Support for Nurse/Doctor/Admin/Equipment _____

Patient Sponsorship (Zakat) 30,000 PKR/year _____

Village Sponsorship 40,000 PKR/camp _____

Sponsor Staff/Department/Equipment _____

Zakat Donation or Sadaqa _____

Other: _____

Amount _____

Frequency _____

Once _____ Yearly _____

Other: _____

How long do you wish to help for? _____

Mode of payment _____

Comments _____

Family and Friends' contacts please, who may be able to help. Please give as many names as possible with details and consent for us to communicate with your reference _____

You can either directly deposit or let us know and we will collect from you

Our Pak Rupees Account

Account Title	AIMS Pakistan
Account Number	15427604
IBAN	PK73MUCB0000000015427604
BRANCH CODE	8172
Bank Name	Muslim Commercial Islamic Bank
Branch	MCIB Hayatabad Peshawar KPK





ANOTHER REASON TO SMILE



SERVICE WITH CARE
AND PASSION



Diabetes Hospital & Research Center
A-6 B/3, Opposite Edhi Homes, Phase V
Hayatabad Peshawar, Pakistan

Tel: +92 91 5892728
Email: info@abaseen.com
www.aimspk.abaseen.com

twitter.com/aimshayatabad
www.facebook.com/diabeteshospitalpeshawar
www.flickr.com/photos/aimspakistan/